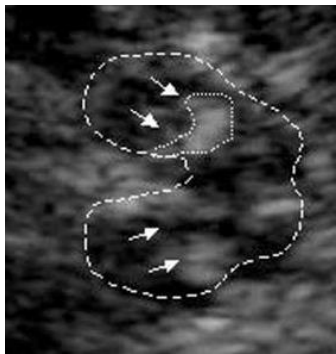


La neurosonologia

Nelle patologie degenerative e vascolari cerebrali

Andrea Pilotto



Ecografia cerebrale e nuove applicazioni
nelle malattie neurodegenerative

Prof. Daniela Berg

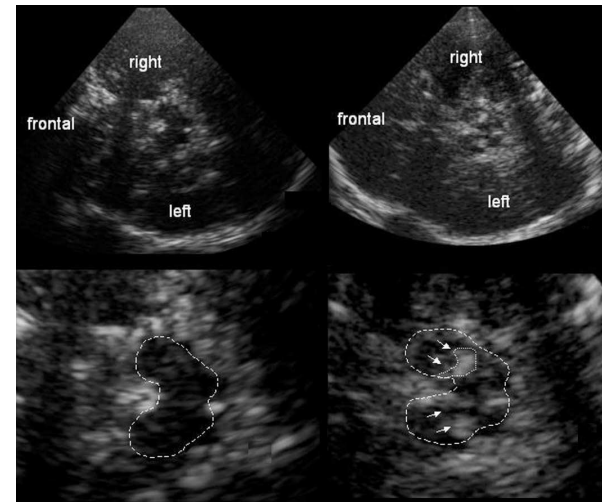
Department of Neurodegeneration
Hertie Institut for Clinical Brain Research,
DZNE German Center for Neurodegenerative disorders
University of Tuebingen, Germany

Prof. Alessandro Padovani

Neurology Unit
Department of Clinical and Experimental Sciences
University of Brescia, Italy

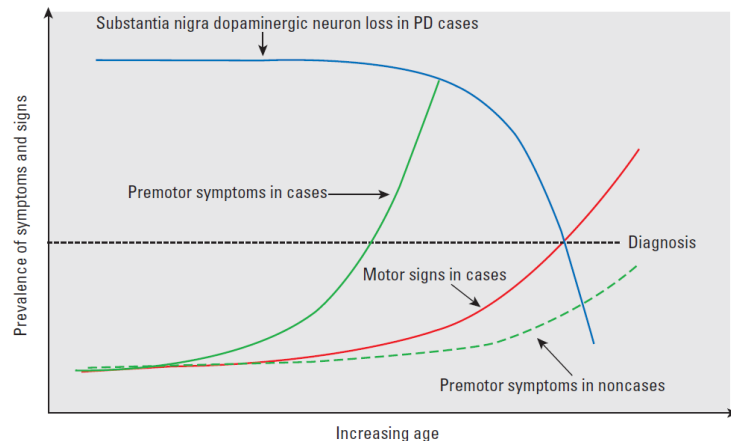


Anatomy and method: the TCS



TCS in differential diagnosis of parkinsonism

TCS in dementia



TCS in prodromal disease stages



New research directions

Anatomy and method: the transcranial ultrasound (TCS)

Advantages:

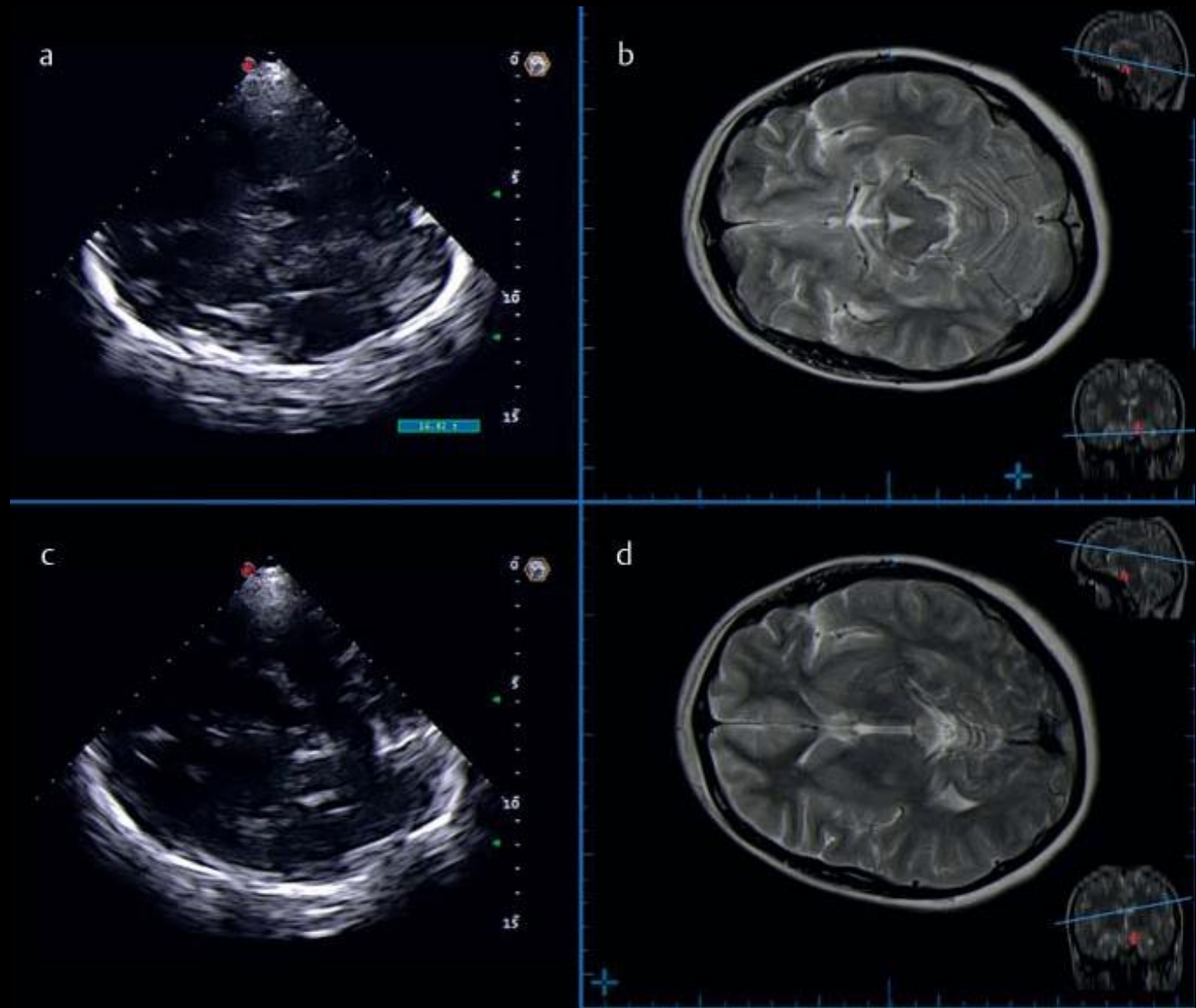
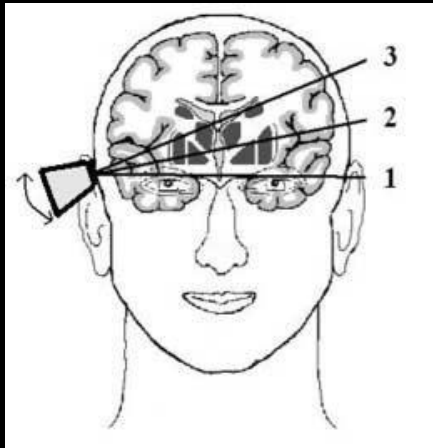
- Non-invasive
- Cheap
- Fast
- Mobile
- No effect with patient's head movements
- Unlimited repeatability

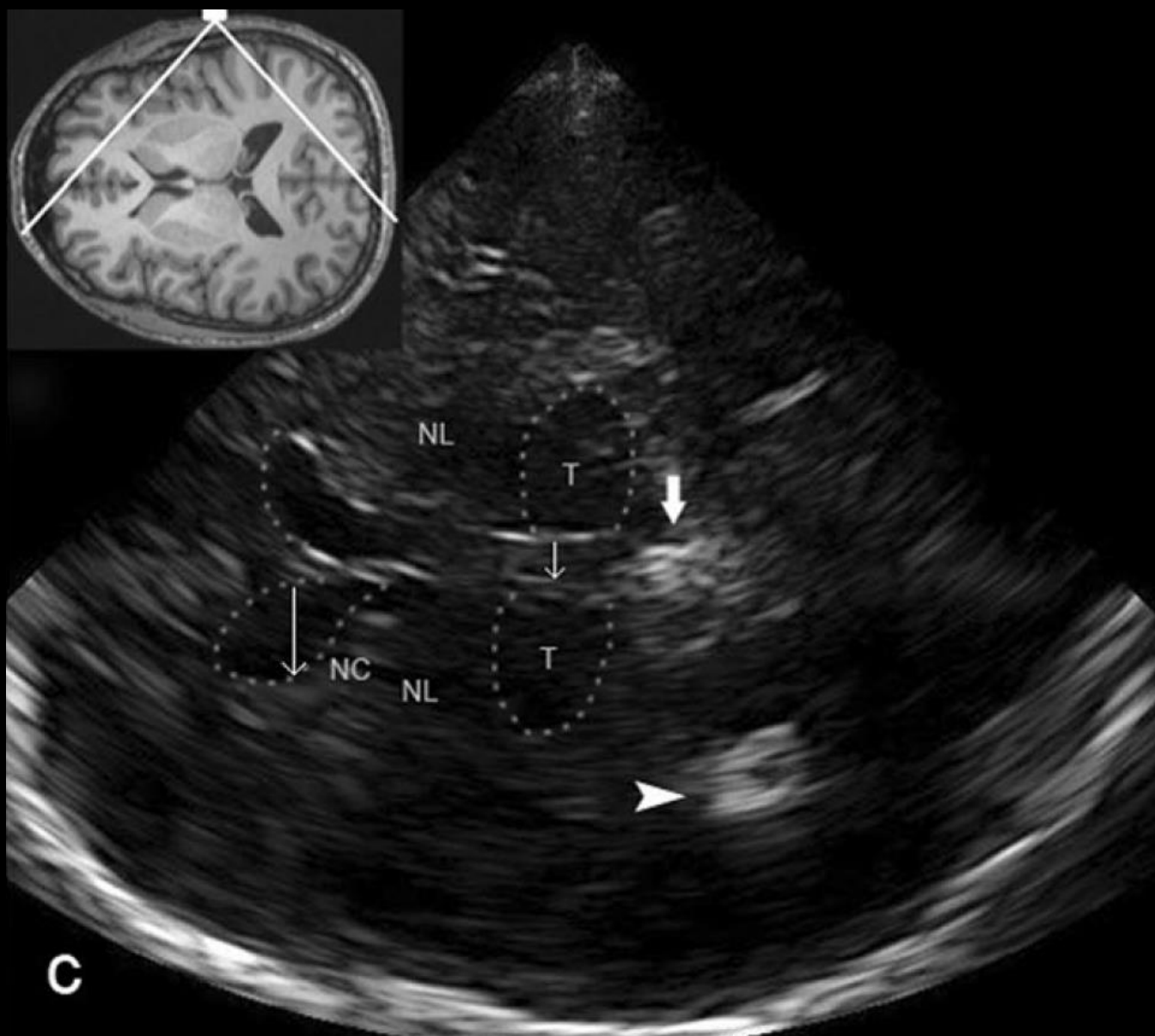
Disadvantages:

- Needs expertise
- Depends on temporal bone window (10-15% no window)
- Different cut-off values with different machines and populations

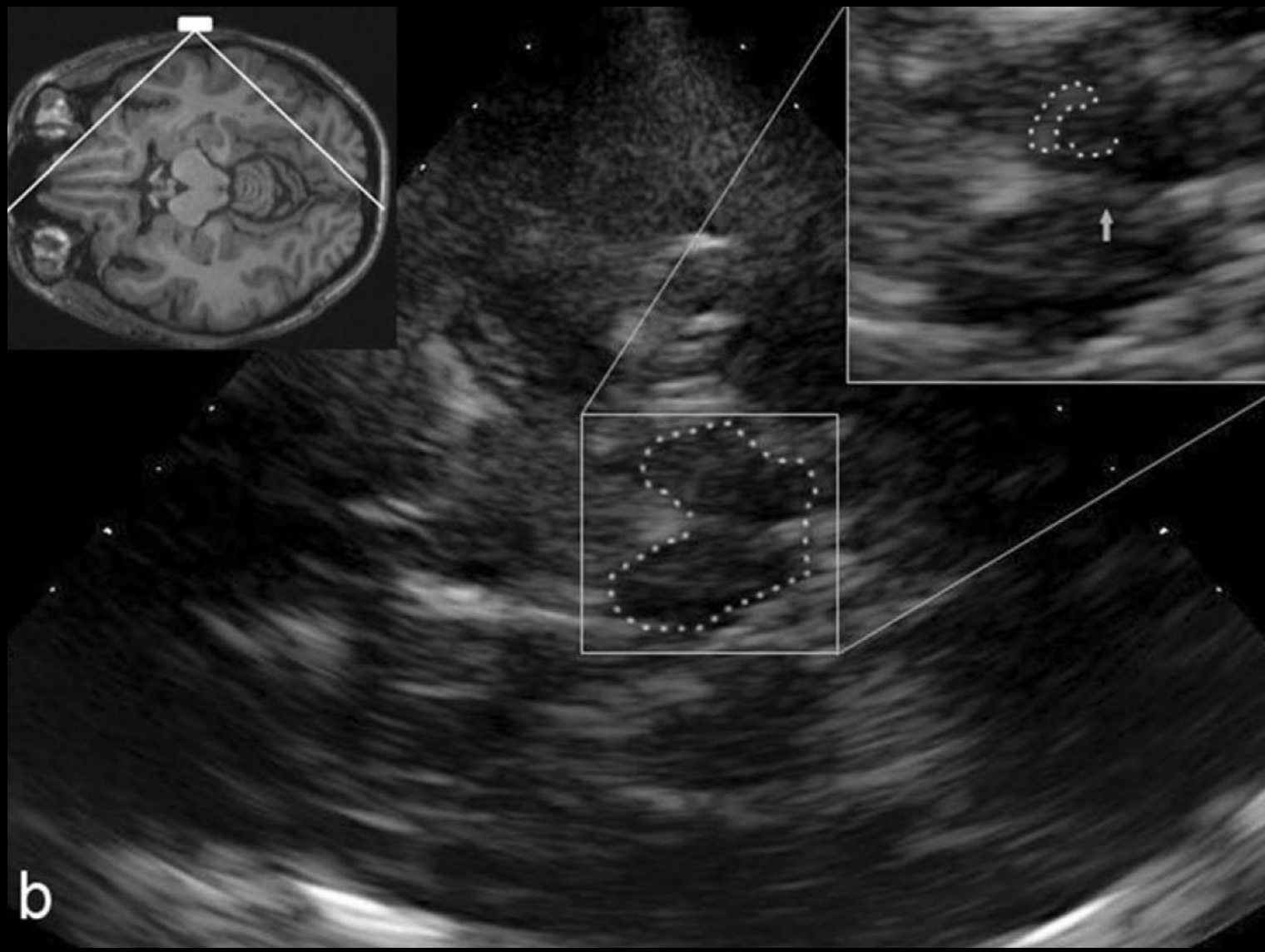


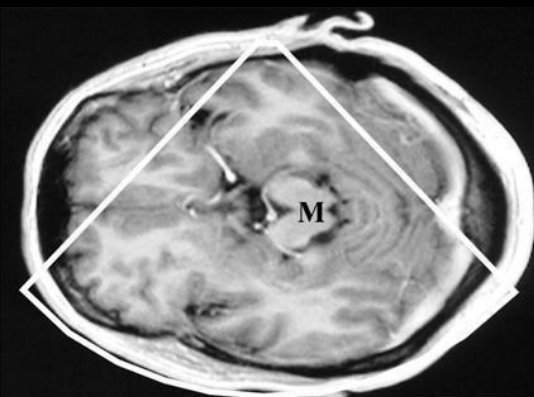
Different planes





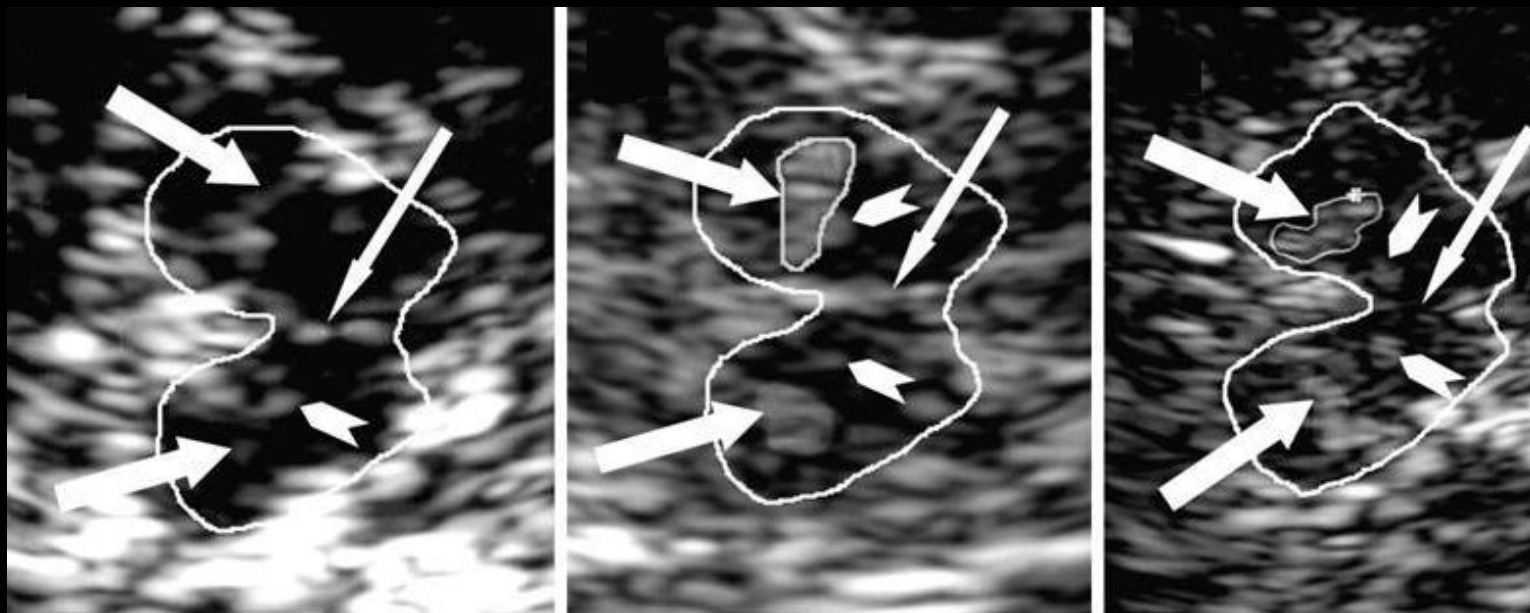
Midbrain plane



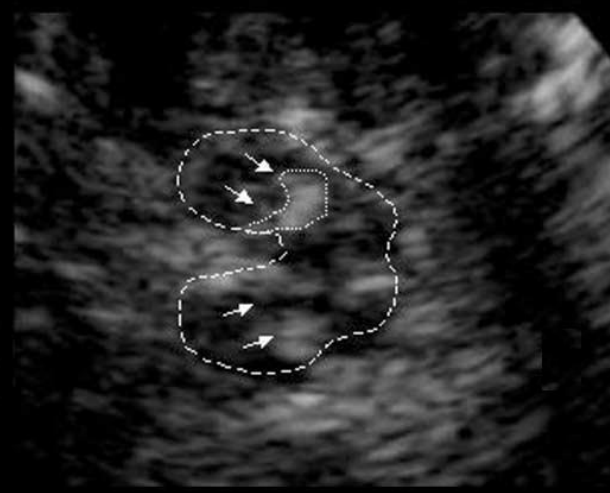
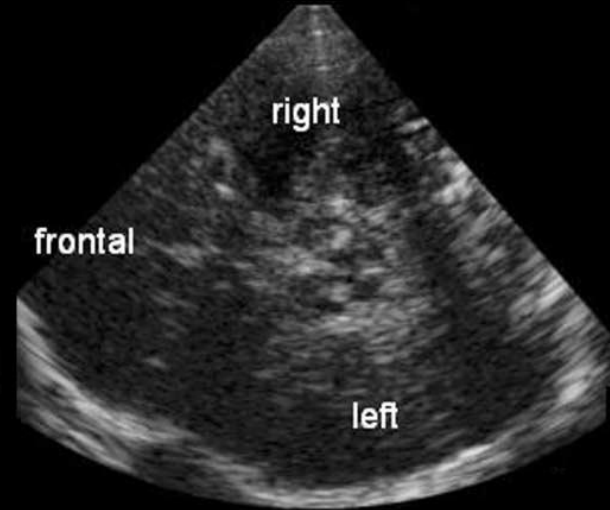
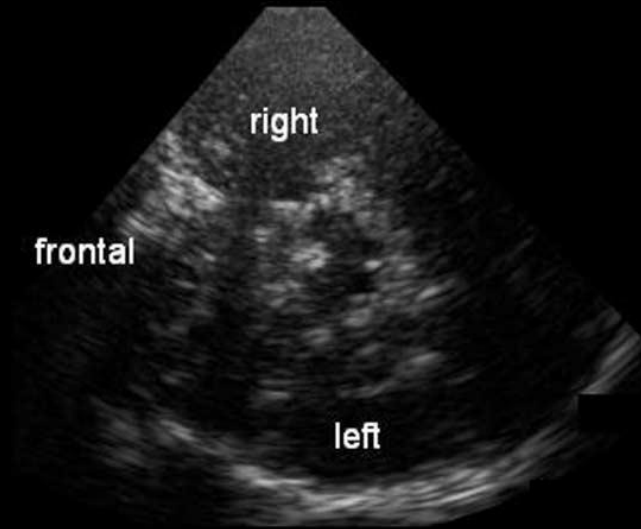
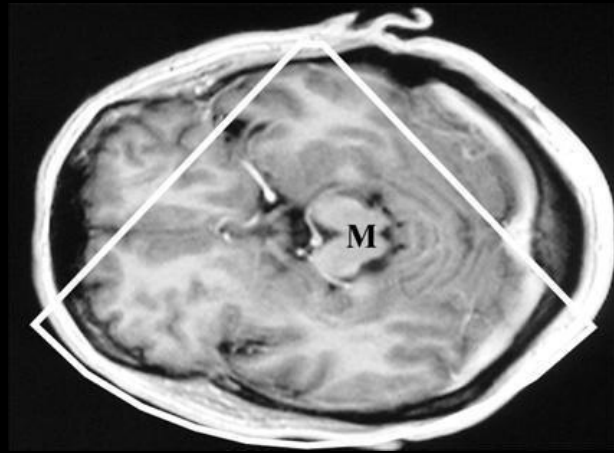


Reduced echogenicity of the midbrain raphe

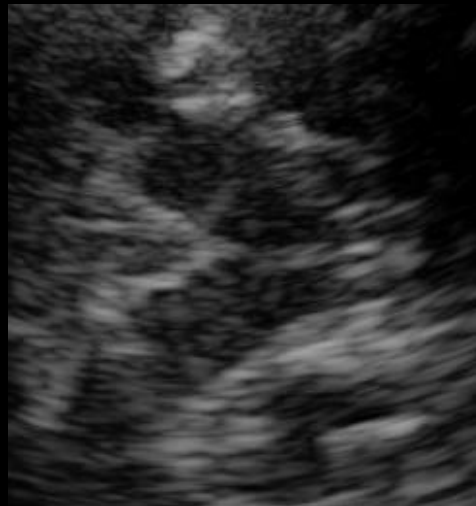
- 10 % of the normal population
- 50 – 70 % of patients with depressive disorders.



SN hyperechogenicity

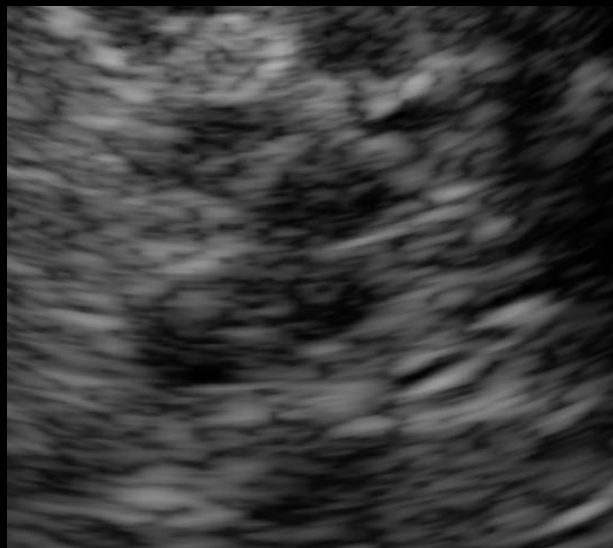
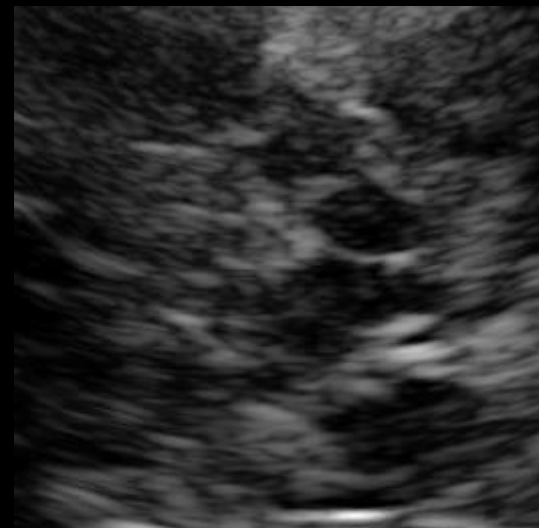


SN hyperechogenicity evaluation

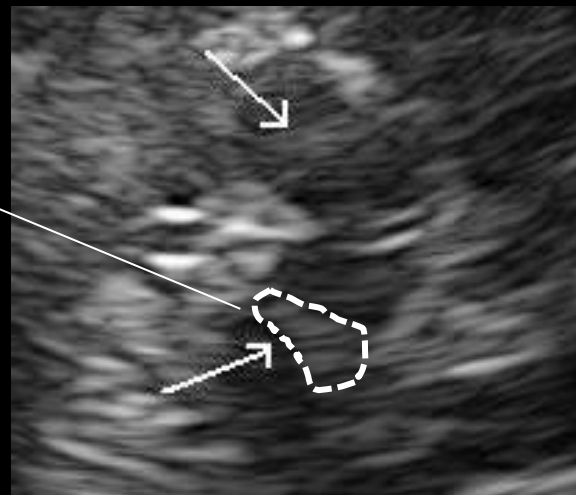


Grading:
Isoechogenic
Mildly echogenic
Hyperechogenic

SN planimetric
measurement



0.28 cm²



Control

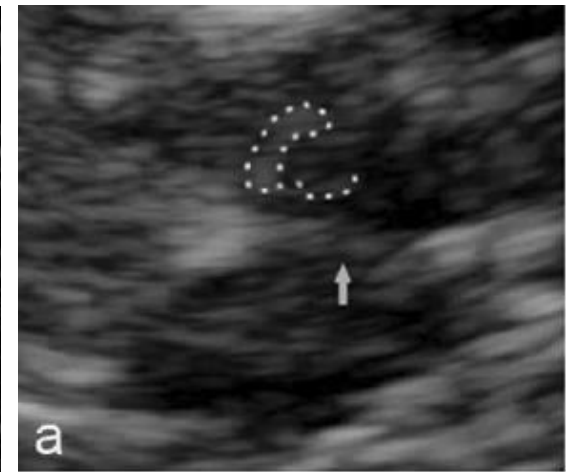


Parkinson's disease



Prevalence in Parkinson's disease $> 90\%$

(Berg et al., 2001; Walter et al., 2002)



Independent publications

Sommer et al., 2004; Spiegel et al., 2006; Tromp et al., 2005; Ressler et al., 2005; Skoloudik et al., 2005; Zedde et al., 2005; Hagenah et al., 2006; Iova et al., 2005; Miranda et al., 2006; Wu et al., 2007; Behnke et al. 2009, Hellwig et al. 2014 Shu et al. 2014, Li et al., 2015,...

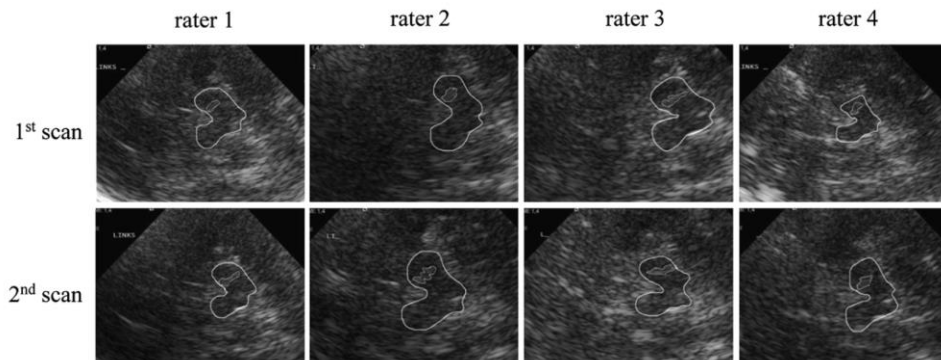


SN Cut-off standardisation

Cut-offs should be calculated for:

- 1) Different machines
- 2) Different populations

manufacturer/ ultrasound system	probe/ frequency [MHz]	cut-off value [cm ²]		references
		SN-h ¹	Marked SN-h ¹	
Aloka/Prosound Alpha 10	UST-52 105/2.5	≥ 0.19	≥ 0.25	Mijajlović et al. [20]
Esaote/MyLab25 Gold	PA240/2.5	≥ 0.20	≥ 0.25	Go et al. [3]
Esaote/MyLab Twice	PA240/2.5	≥ 0.24	≥ 0.30	(own data)
General Electric/Logiq 7	3S/2.5		≥ 0.24	Stockner et al. [21]
General Electric/Logiq 9	3S/2.5	≥ 0.20		Fedotova et al. [22]
Philips/HDI 5000 SonoCT	P2 – 4/2.5	≥ 0.20		Kim et al. [23]
Philips/HP Sonos 5500	S4/2.0 – 2.5	≥ 0.20	≥ 0.27	Mehnert et al. [17] Hagenah et al. [18]
Siemens/Acuson Antares	PX4 – 1/2.5	≥ 0.24	≥ 0.30	Van de Loo et al. [10] Glaser et al. [24]
Siemens/Sonoline Elegra	2.5PL20/2.6	≥ 0.20	≥ 0.25	Berg et al. [16]
Toshiba Aplio XG	PST-20CT/2.5	≥ 0.16	≥ 0.22	Vivo-Orti et al. [25]



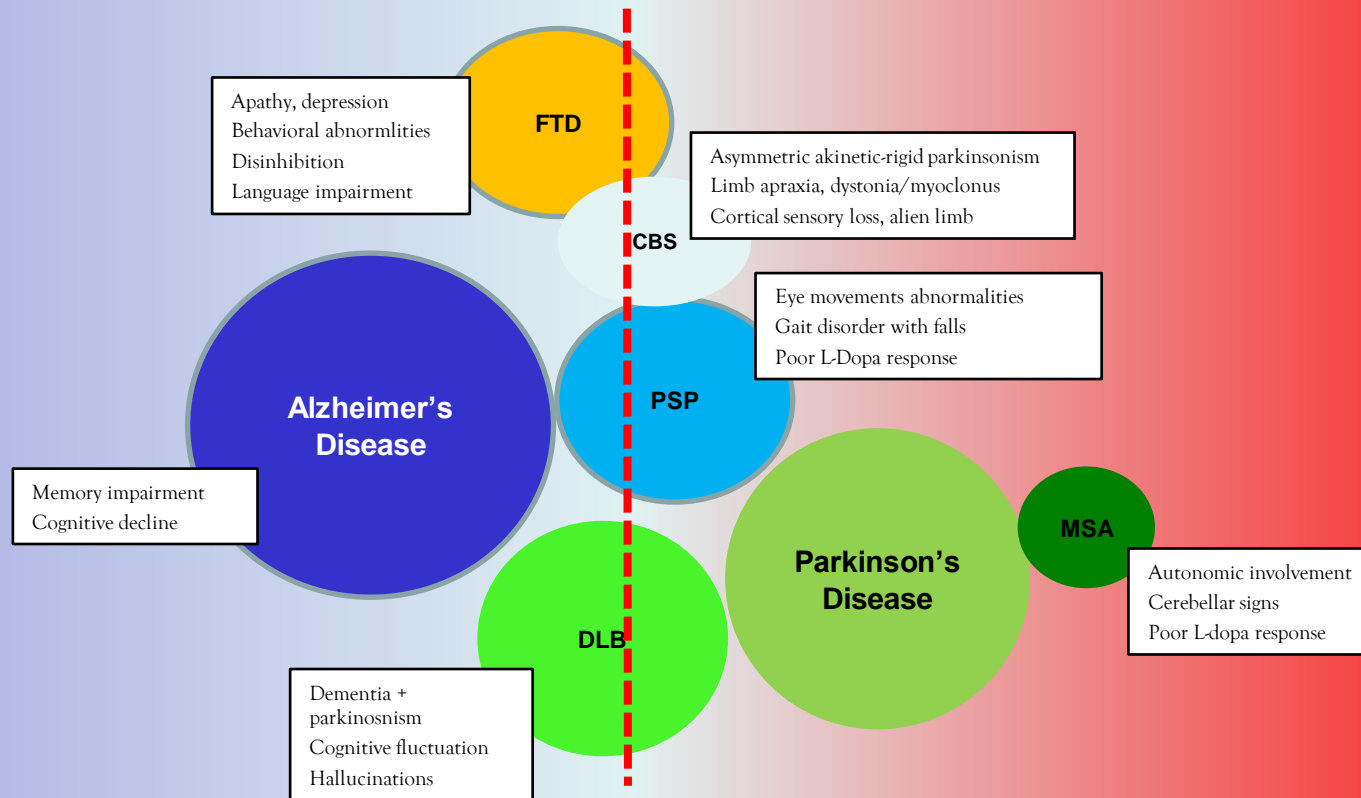
100 Healthy adult subjects

90th percentile should represent the cut-off in the healthy population

TCS in differential diagnosis of Parkinsonism

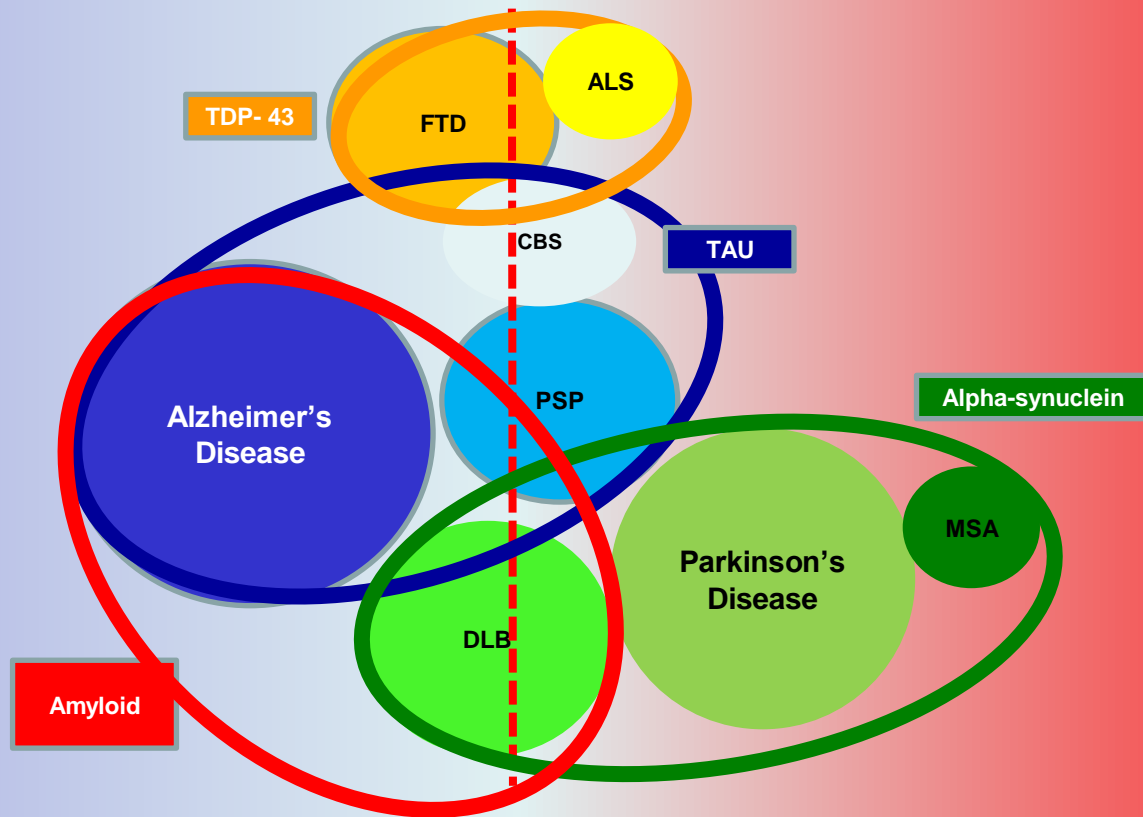
Dementia

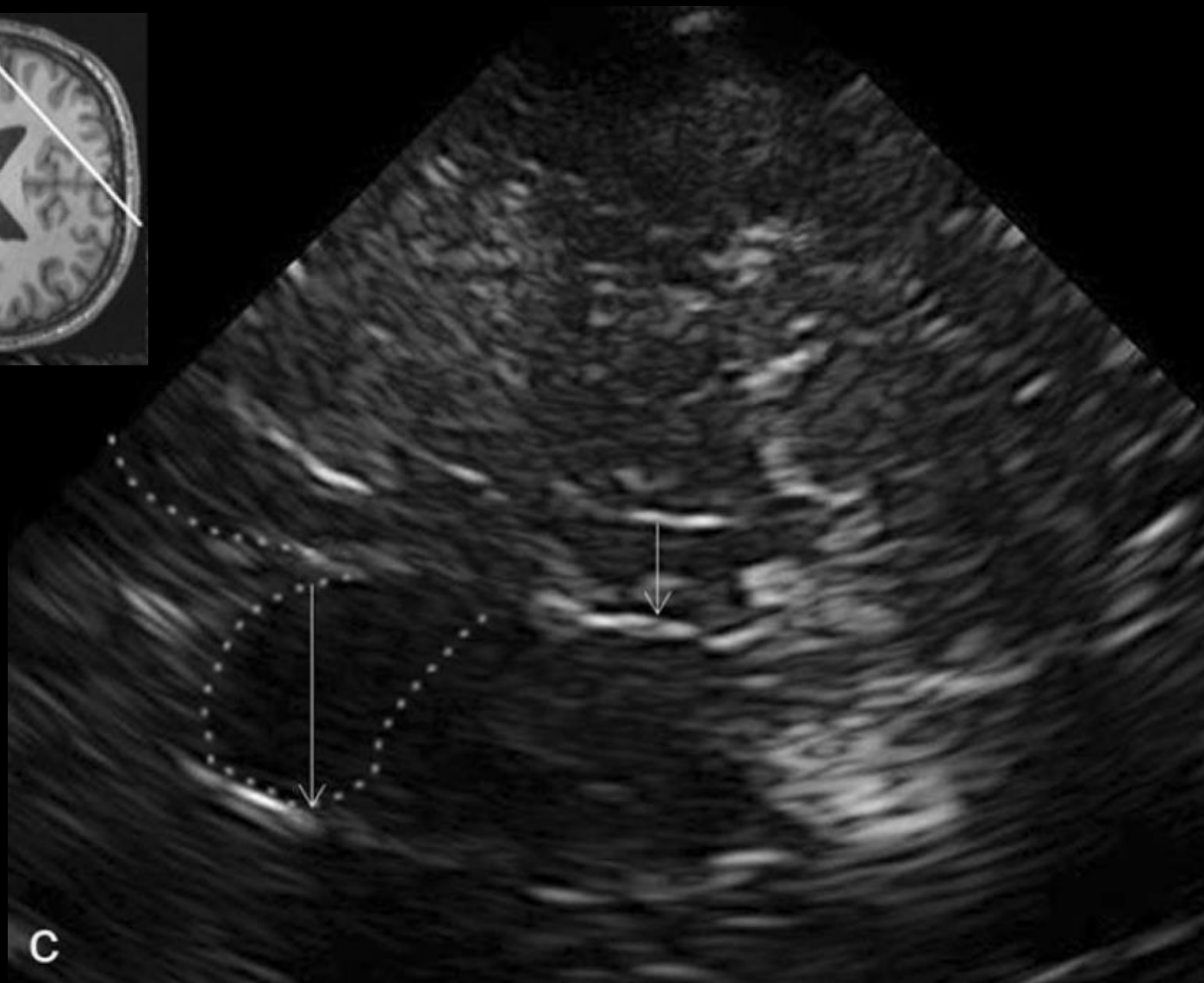
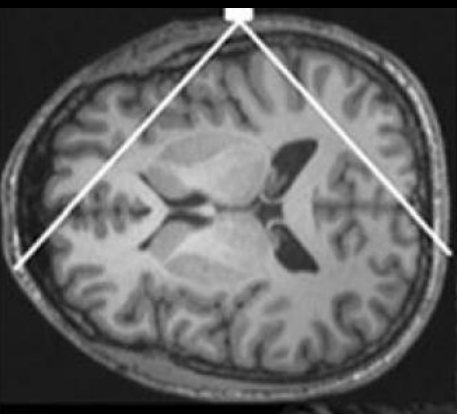
Parkinsonism



Dementia

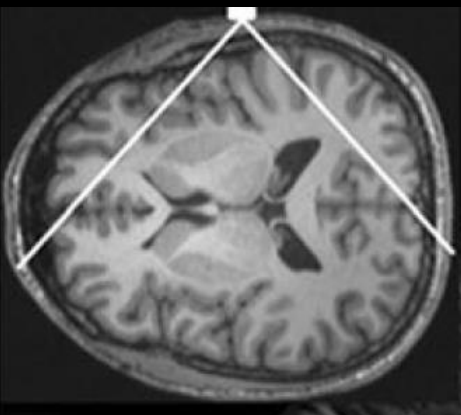
Parkinsonism





C

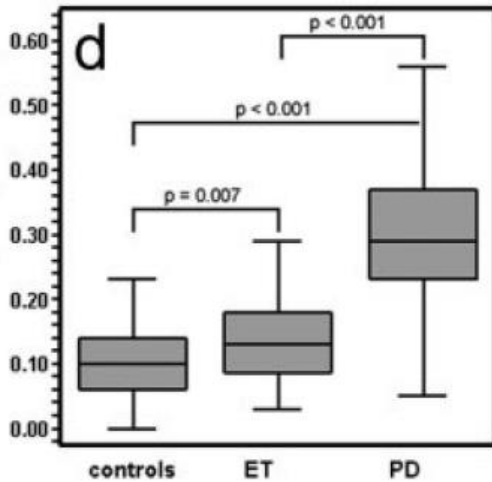
PSP



d

MSA

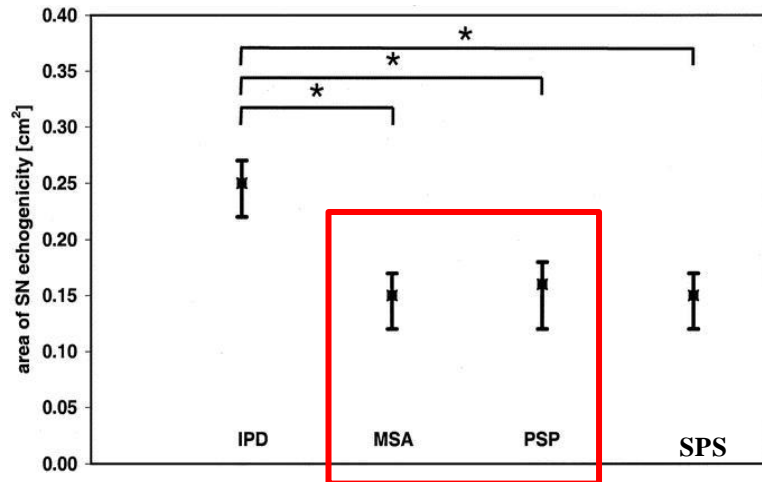
SN in differential diagnosis of tremor?



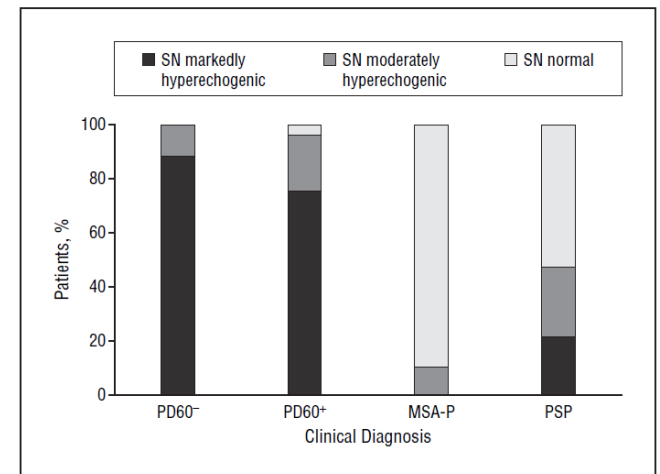
Comparison
44 ET, 100 PD, 100 HC
(Stockner et al. Mov Disord 2007)

SN+:
8-10% of normal population
33% of ET – SN+

SN in differential diagnosis of parkinsonism?



Walter et al. Neurology 2003



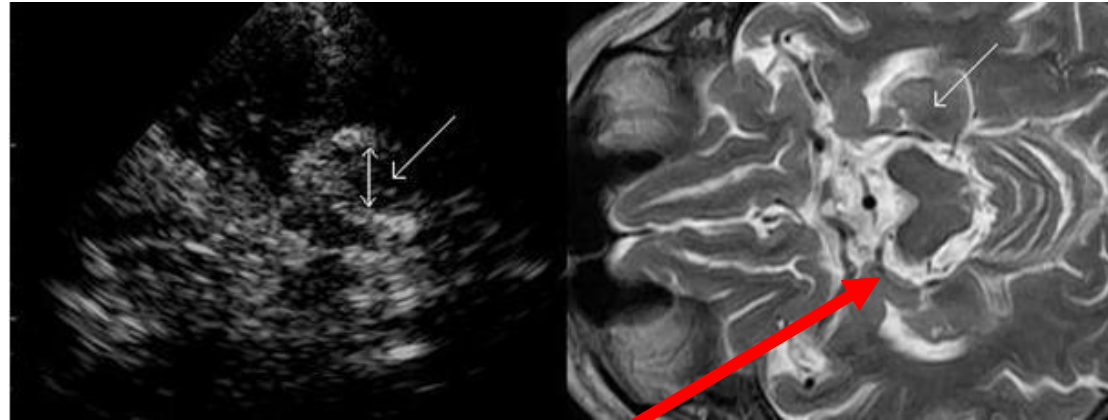
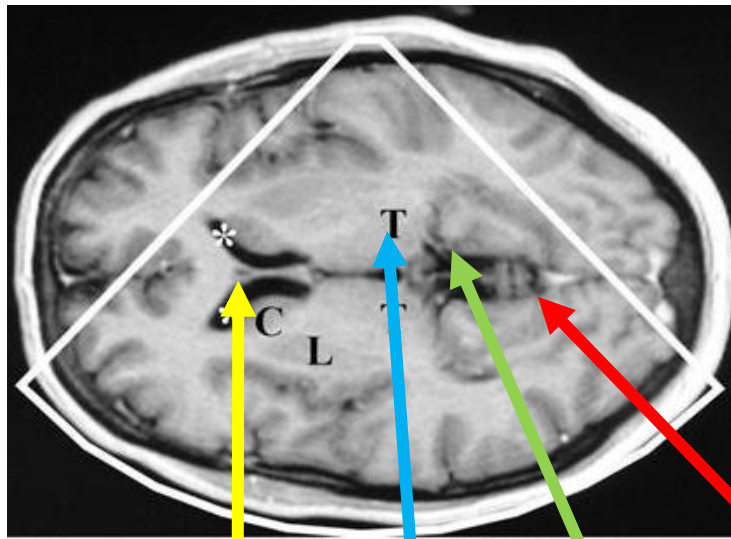
Walter et al. Arch Neurol 2007

Disease	Substantia Nigra	Raphe	Ventricles	Basal ganglia
Sporadic PD	↑↑	↓	-	-
Atypical PS	-	-	↑↑ 3. Ventricle	↑↑
PSP	↑/-	-	-	↑↑
Metabolics		-	-	↑↑
Hydrocephalus	-	-	↑↑	-
Essential Tremor	(↑)	-	-	-

Table 1 Diagnostic accuracy of TCS in parkinsonism differential diagnosis

	Indicated condition	Exclusion condition	Sensitivity	Specificity	References
SN+	PD	Controls or ET	78–100	81–92	[7, 22•, 23, 50, 53•, 95–97]
SN+	PD	MSA + PSP	82–98	70–100	[30, 31, 36]
SN– and LN+	MSA or PSP	PD	56–59	99–100	[30, 31]
3 V (>10 mm) and LN+	PSP	PD	84	98	[30]
Combined SN, LN hyperechogenicity and 3 V	PD, PSP, CBS, MSA differential diagnosis		82	85	[29••, 36]

From parkinsonism to dementia..

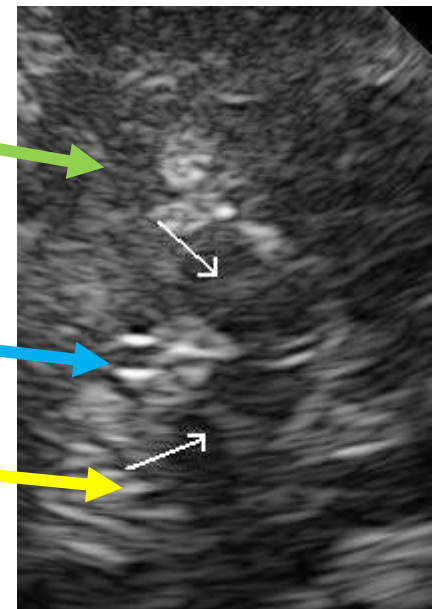


Alzheimer's disease

Parkinson's Dementia

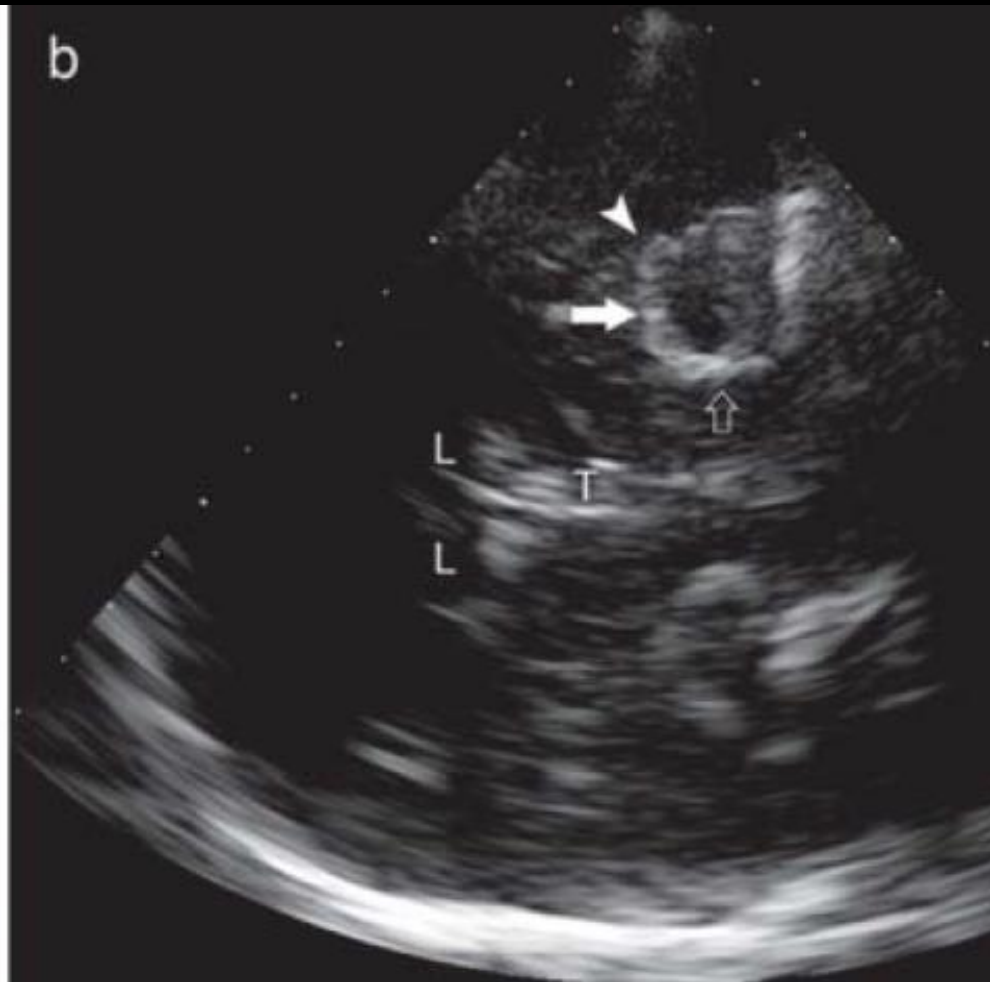
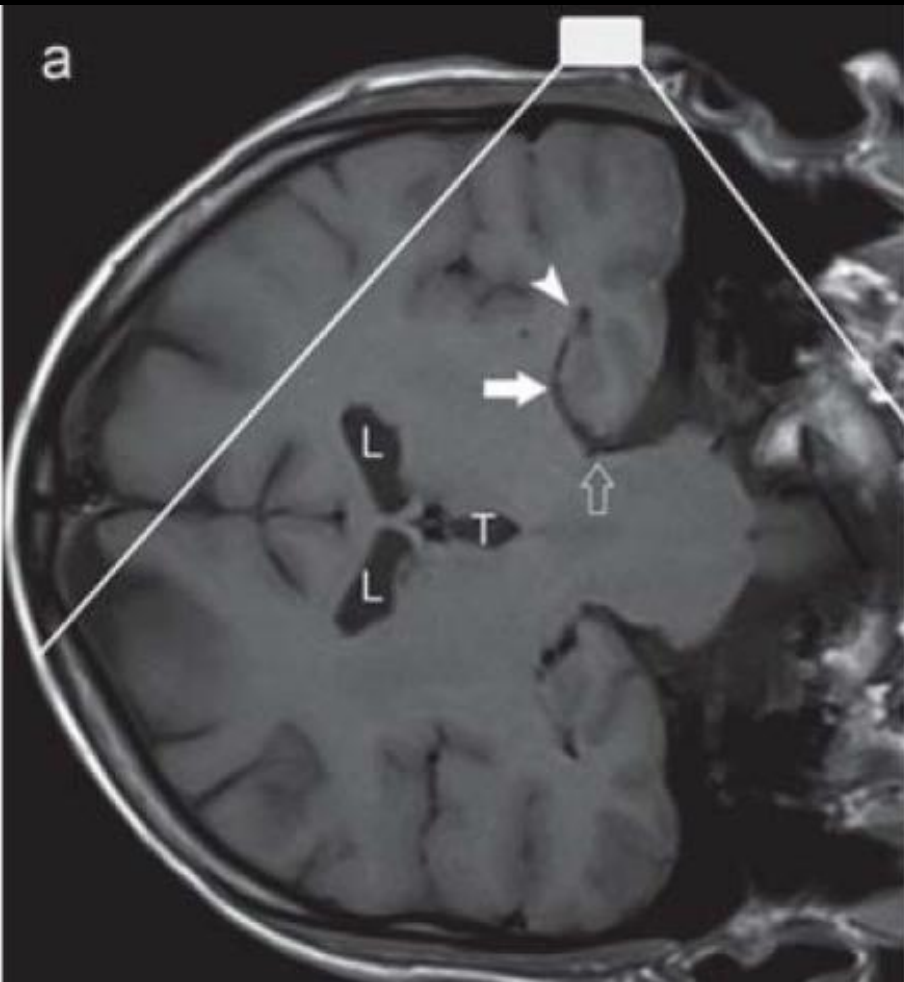
Dementia with Lewy bodies

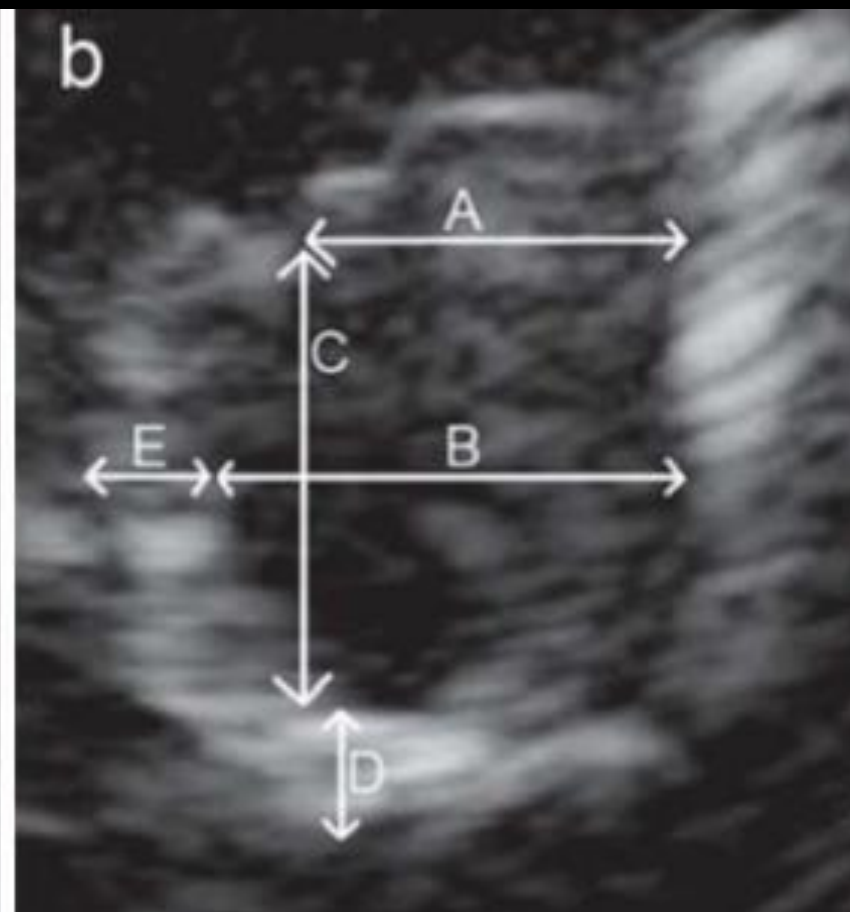
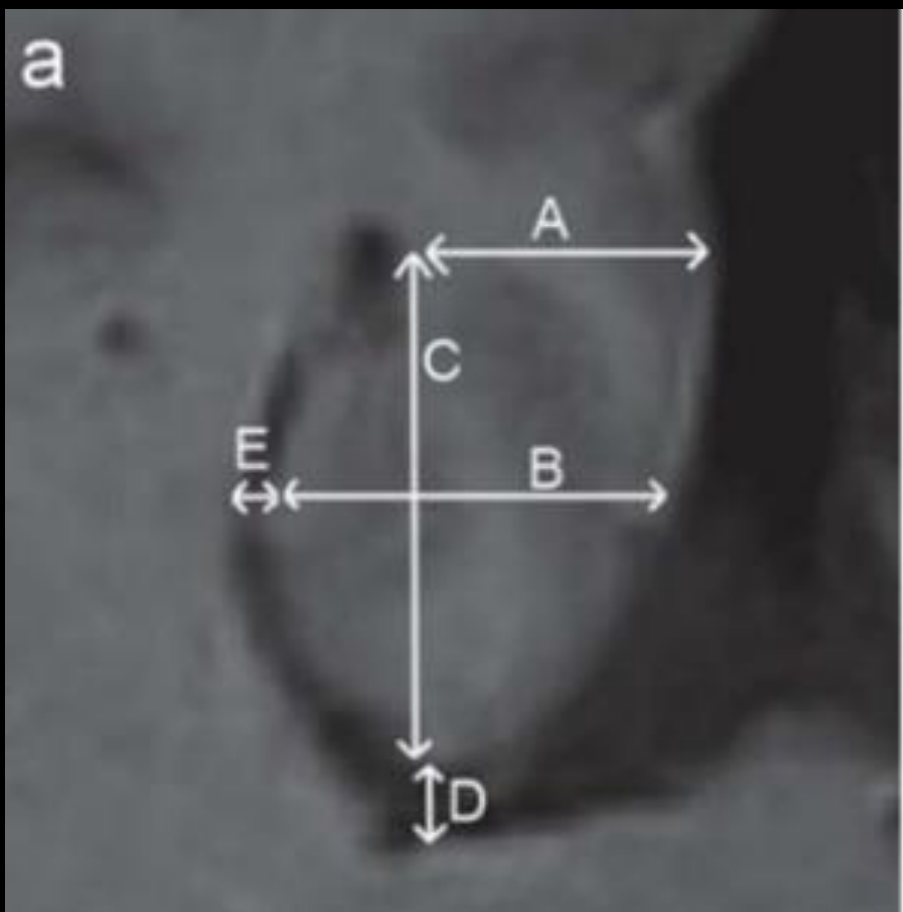
Frontotemporal dementia

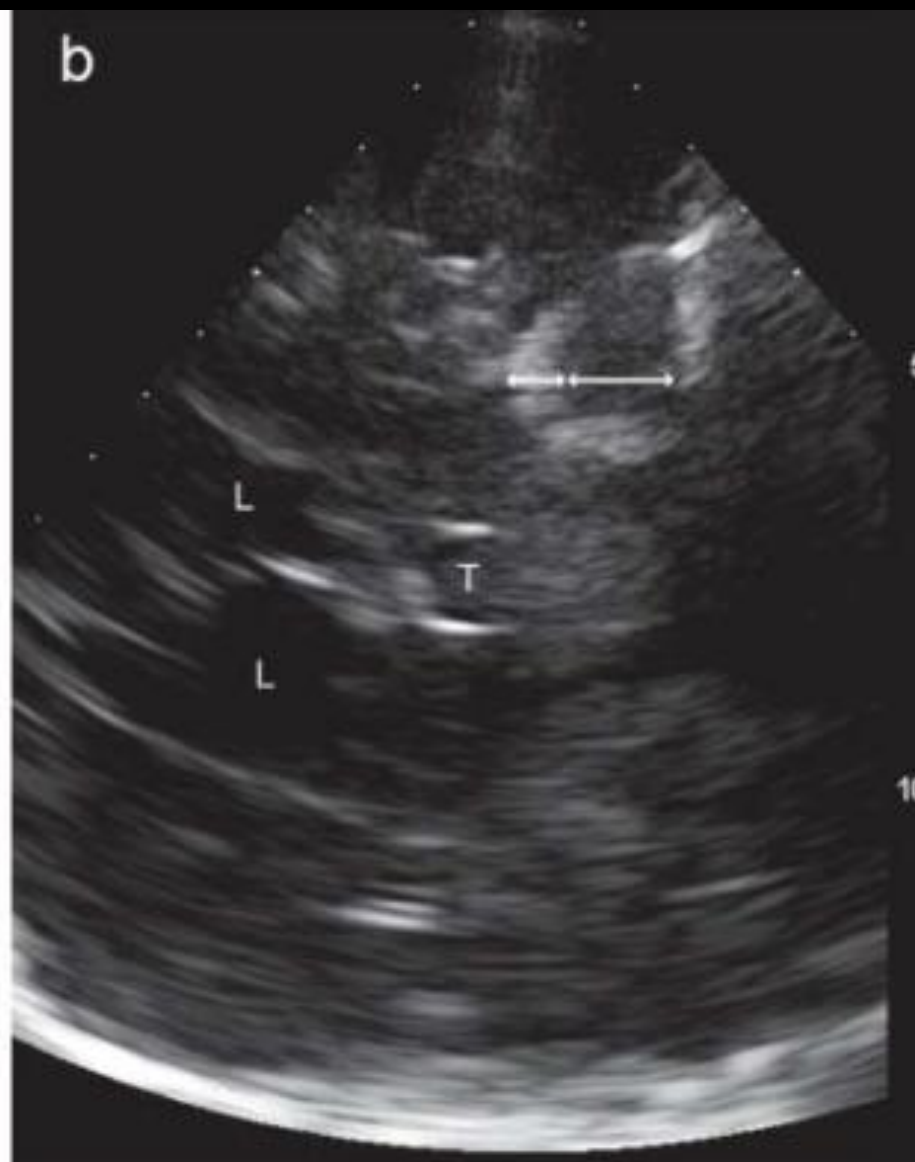


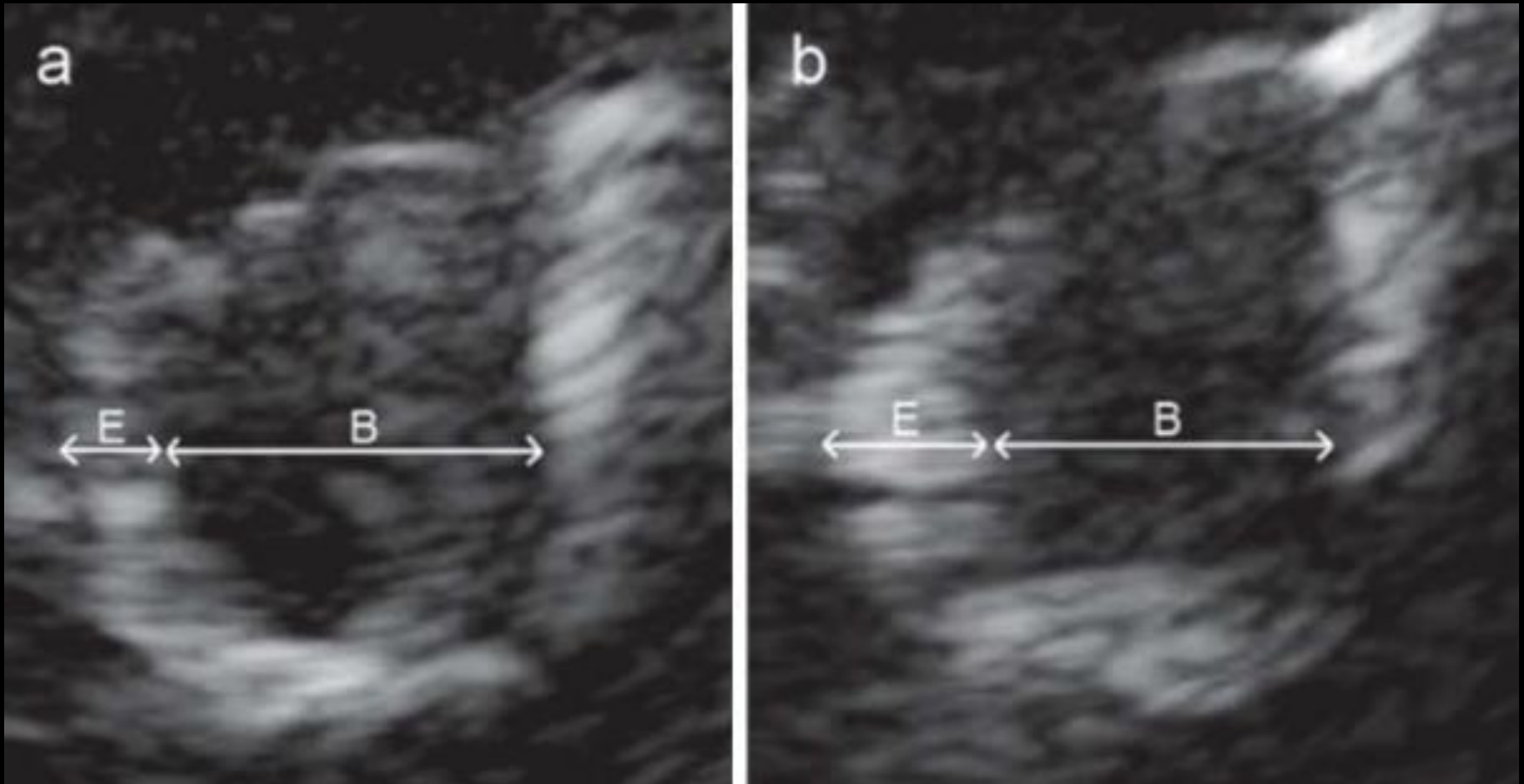
Structural Ultrasound of the Medial Temporal Lobe in Alzheimer's Disease

R. Yilmaz¹, A. Pilotto^{1,2}, B. Roeben^{1,3}, O. Preische^{3,4}, U. Suenkel¹, S. Heinzel¹, F. G. Metzger^{4,5}, C. Laske^{3,4,5,6}, W. Maetzler^{1,3}, D. Berg^{1,3,7}









The $B/E \text{ ratio} \leq 2.5$ separated two groups with a sensitivity of 83 % and a specificity of 76 %, with an area under the curve (AUC) of 0.81

SN and TCS in prodromal neurodegeneration

about 8-10 % of healthy adults display increased echogenicity similar to Parkinson's disease

Is there any functional relevance of increased SN-echogenicity in healthy subjects?

Association with signs of motor retardation in elderly people

Berg et al., 2001, Behnke et al., 2007

Found in asymptomatic mutation carriers for monogenetic PD and associated with positive family history

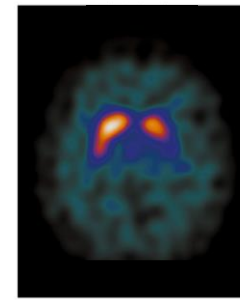
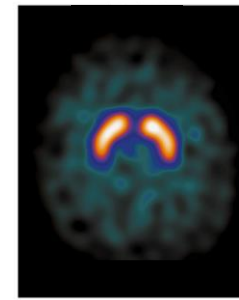
Walter, et al., 2003; Schweitzer et al., 2007

Relation of SN hyperechogenicity, olfactory dysfunction and SPECT abnormality

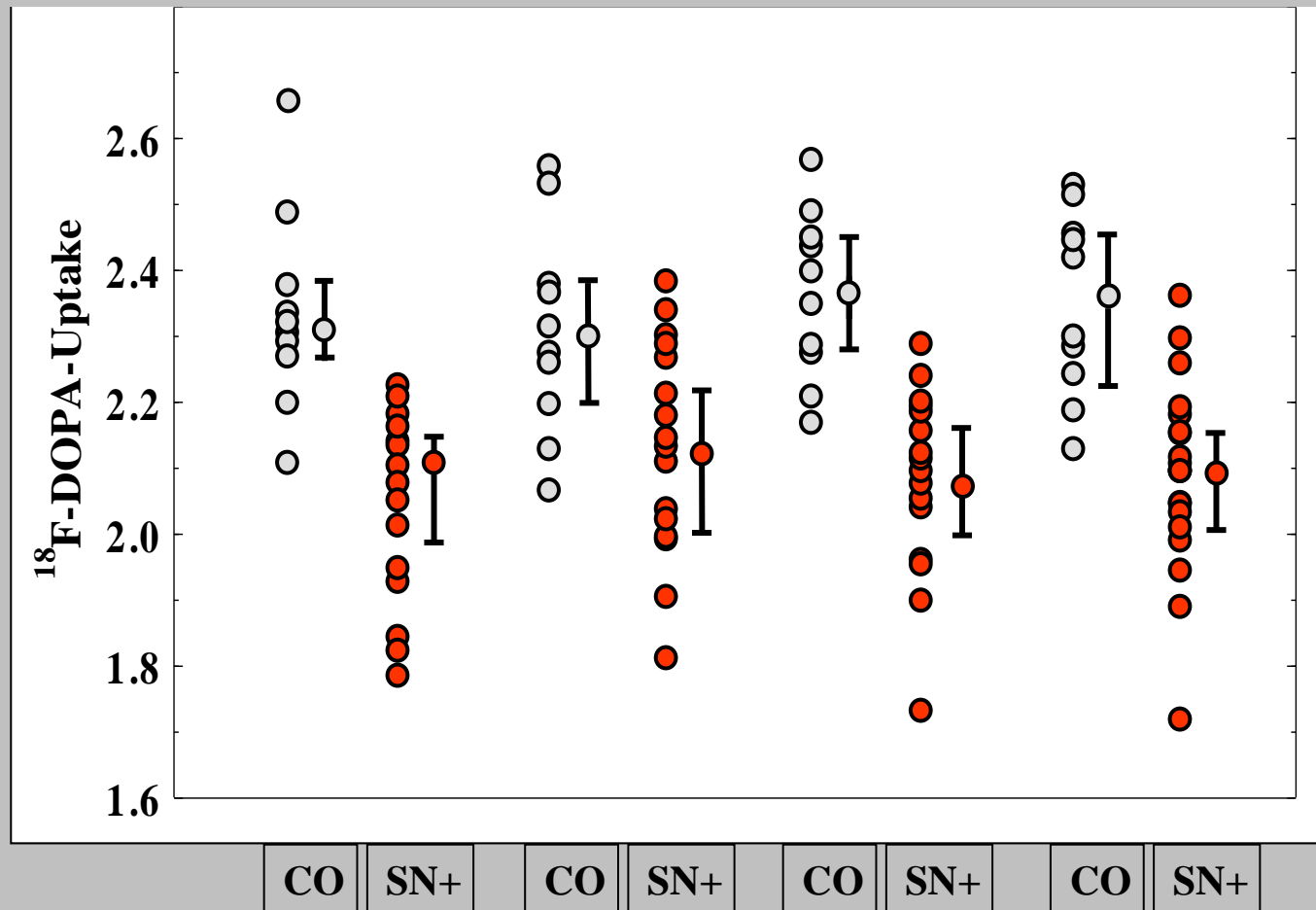
Sommer et al., 2004, Haehner et al., 2007

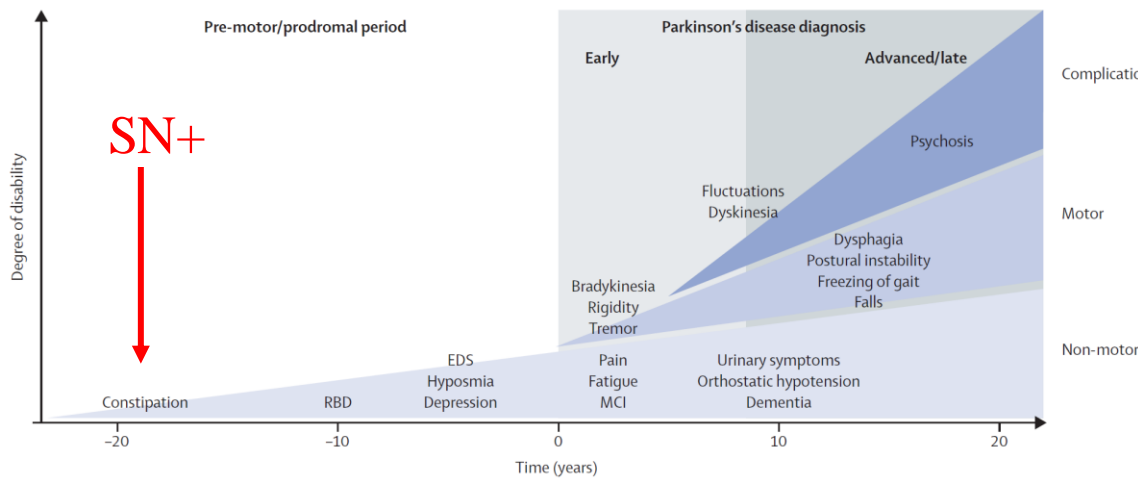
Relation of SN hyperechogenicity and REM sleep behaviour disorder

Unger et al., 2008



Caudatus R Caudatus L Putamen R Putamen L





Up to 2006, development of PD had been observed in at least 14 healthy subjects with SN hyperechogenicity

Khalia et al. Lancet Neurol 2015

Parkinson - Premotor Prospective Studies - PRIPS

Baseline assessment

1847 subjects

254 SN+

8/10 PD patients SN+

3 years:

RR = 17.37

PPV = 3.1%

14/17 PD patients SN+



5 years:

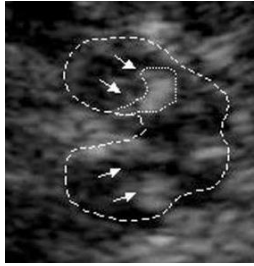
RR = 20.6

PPV = 6.5%

MDS Research Criteria for Prodromal Parkinson's Disease

Daniela Berg, MD,^{1*} Ronald B. Postuma, MD, MSc,^{2*} Charles H. Adler, MD, PhD,³ Bastiaan R. Bloem, MD, PhD,⁴
 Piu Chan, MD, PhD,⁵ Bruno Dubois, MD, PhD,⁶ Thomas Gasser, MD,¹ Christopher G. Goetz, MD,⁷ Glenda Halliday, PhD,⁸
 Lawrence Joseph, PhD,⁹ Anthony E. Lang, OC, MD, FRCPC,¹⁰ Inga Liepelt-Scarfone, PhD,¹ Irene Litvan, MD,¹¹
 Kenneth Marek, MD,¹² José Obeso, MD, PhD,¹³ Wolfgang Oertel, MD,¹⁴ C. Warren Olanow, MD, FRCPC,¹⁵
 Werner Poewe, MD,¹⁶ Matthew Stern, MD,¹⁷ and Günther Deuschl, MD¹⁸

	Risk markers		
	Male sex	1.2 (male)	0.8 (female)
	Regular pesticide exposure	1.5	n/a
	Occupational solvent exposure	1.5	n/a
	Nonuse of caffeine	1.35	0.88
	Smoking		
	Current	n/a	0.45
	Never	1.25	n/a
	Former	n/a	0.8
	Sibling had PD with age onset <50	7.5	n/a
	or		
	Any other first-degree relative with PD	2.5	n/a
	or		
	Known gene mutation	see Supporting Table II	n/a
	<u>SN hyperechogenicity</u>	<u>4.7</u>	0.45
	Prodromal markers		
	PSG-proven RBD	130	0.62
	or		
	Positive RBD screen questionnaire with >80% specificity	2.3	0.76
	Dopaminergic PET/SPECT clearly abnormal (e.g., <65% normal, 2 SDs below mean)	40	0.65
	Possible subthreshold parkinsonism (UPDRS >3 excluding action tremor)	10	0.70
	or		
	Abnormal quantitative motor testing	3.5	0.60
	Olfactory loss	4.0	0.43
	Constipation	2.2	0.80
	Excessive daytime somnolence	2.2	0.88
	Symptomatic hypotension	2.1	0.87
	Severe erectile dysfunction	2.0	0.90
	Urinary dysfunction	1.9	0.90
	Depression (± anxiety)	1.8	0.85



SN hyperechogenicity



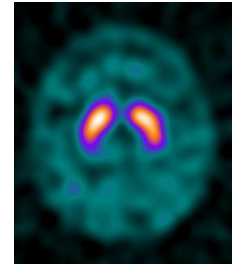
hyposmia



Depression
and anxiety



Autonomic dysfunction
And constipation



Dopaminergic
dysfunction

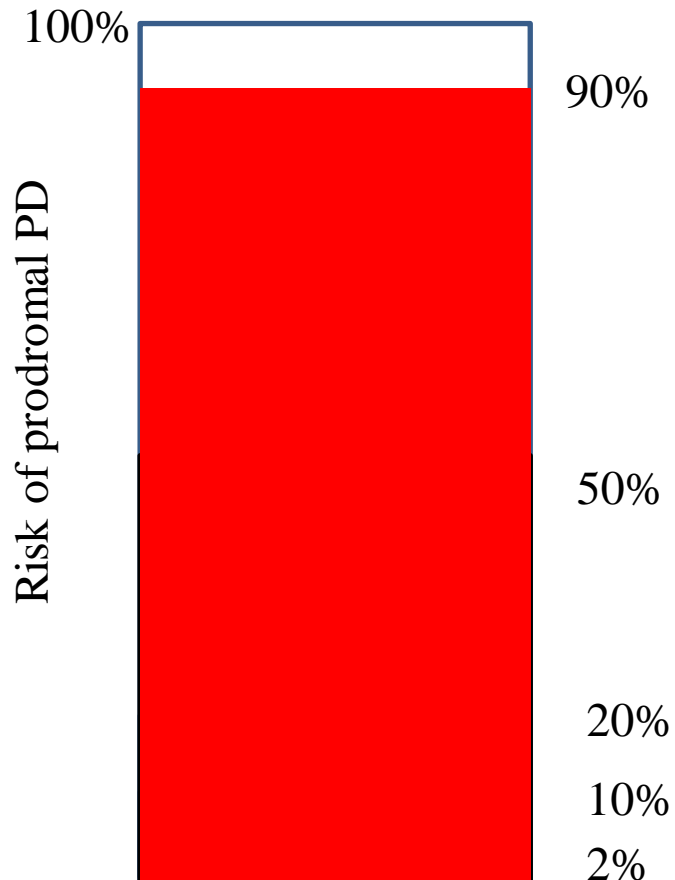


Rem behavioral disorders



Visual alterations and
cognitive impairment

Prodromal PD symptoms and markers

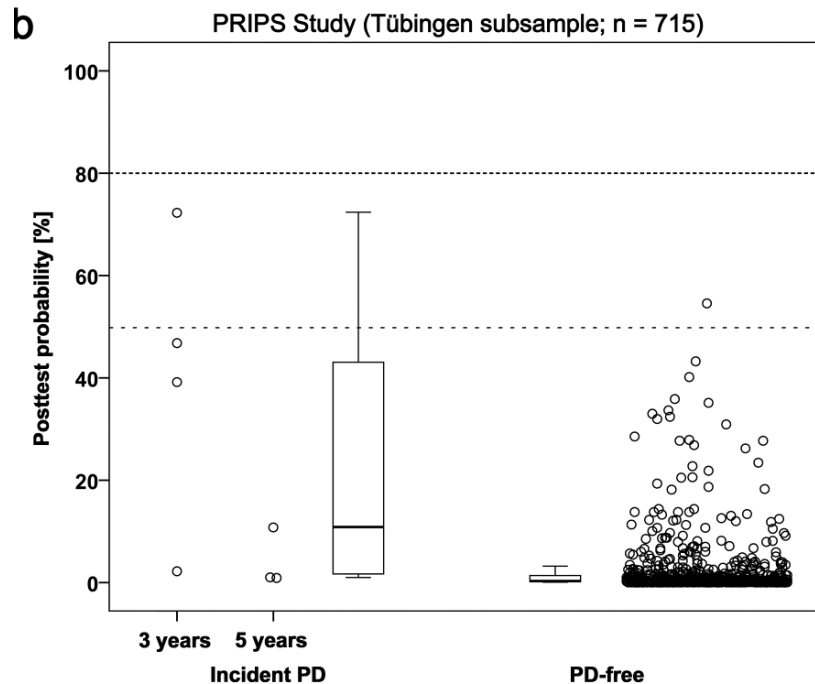


Male subject, 70 years old

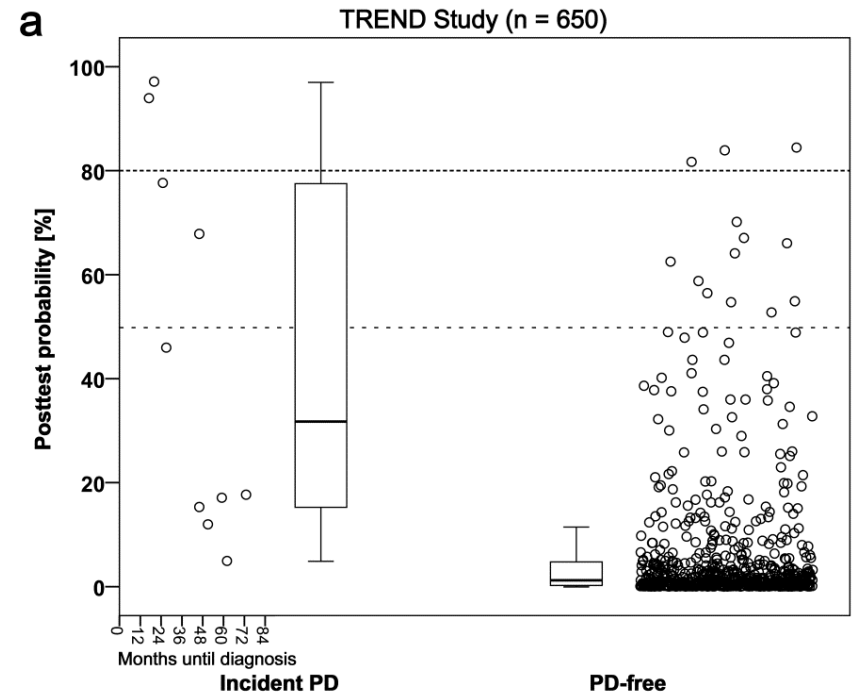
Application of the Movement Disorder Society Prodromal Parkinson's Disease Research Criteria in 2 Independent Prospective Cohorts

Andrea Pilotto, MD,^{1,2} Sebastian Heinzl, PhD,^{1,3} Ulrike Suenkel, MD,^{1*} Stefanie Lerche, PhD,¹ Kathrin Brockmann, MD,¹ Benjamin Roeben, MD,¹ Eva Schaeffer, MD,³ Isabel Wurster, MD,¹ Rezzak Yilmaz, MD,¹ Inga Liepelt-Scarfone, PhD,^{1,4} Anna-Katharina von Thaler, PhD,¹ Florian G. Metzger, MD,⁵ Gerhard W. Eschweiler, MD,⁵ Ron B. Postuma, MSc, MD,⁶ Walter Maetzler, MD,^{1,3} and Daniela Berg, MD^{1,3*}

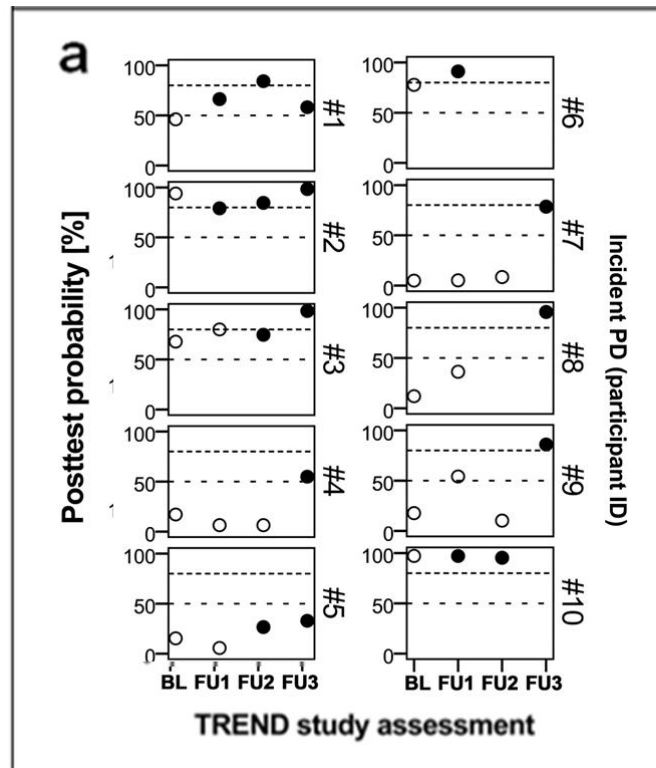
Population-based study



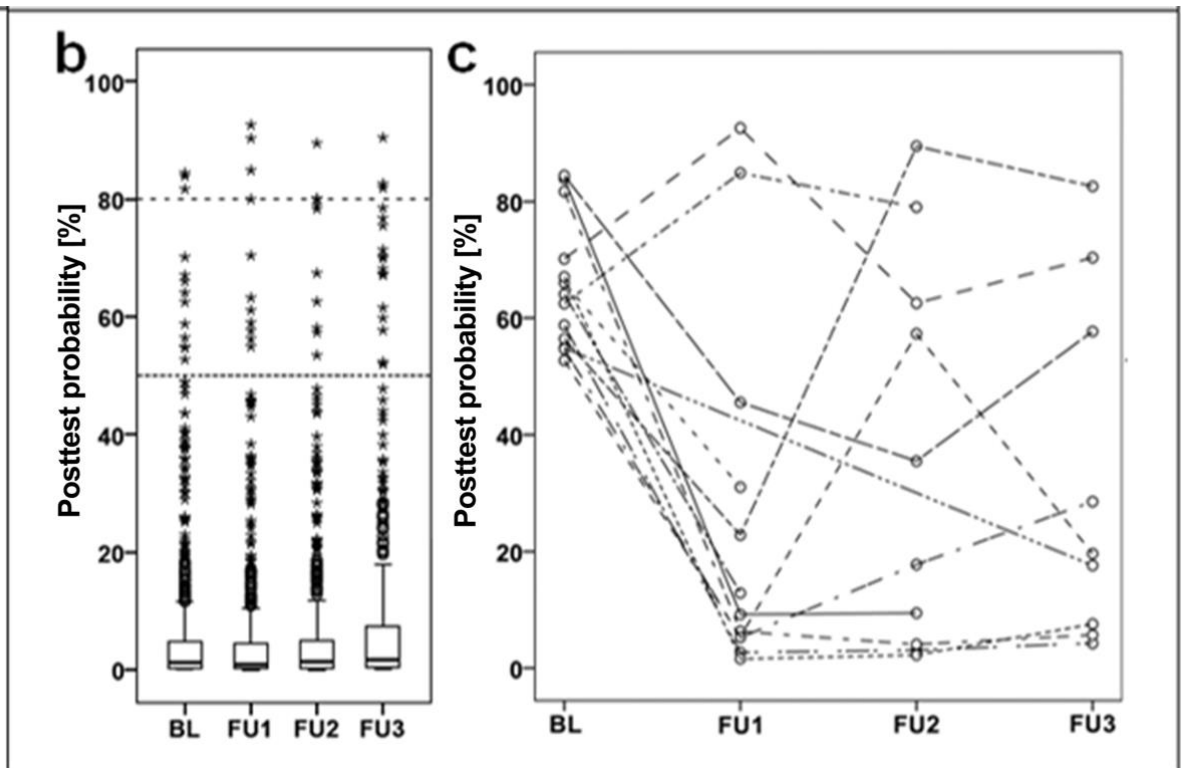
Enriched-cohort



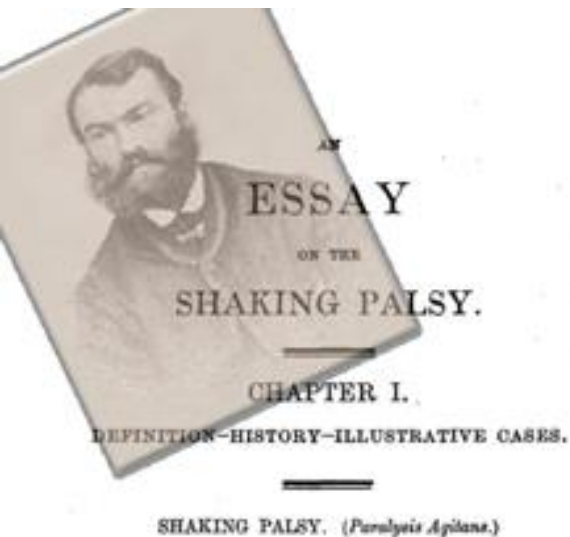
Incident PD



PD-free individuals

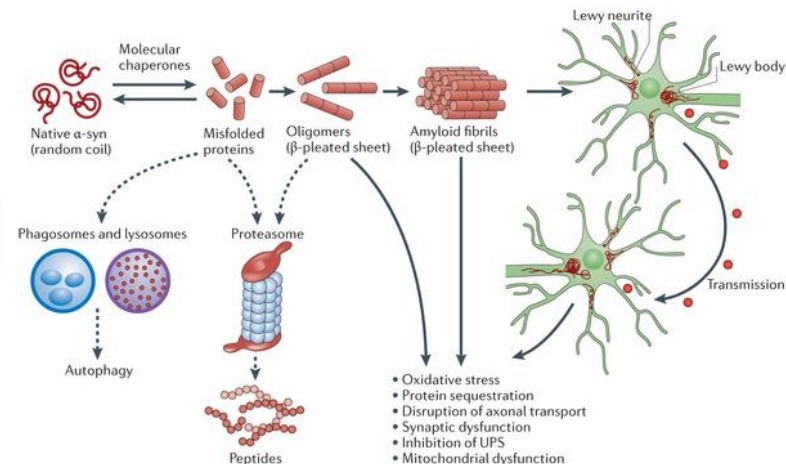


SN hyperechogenicity the only marker associated with PD in both cohorts ($p=0.004$)



Involuntary tremulous motion, with lessened muscular power, in parts not in action and even when supported; with a propensity to bend the trunk forwards, and to pass from a walking to a running pace: the senses and intellects being uninjured.

The term Shaking Palsy has been vaguely employed by medical writers in general. By some it has been used to designate or-

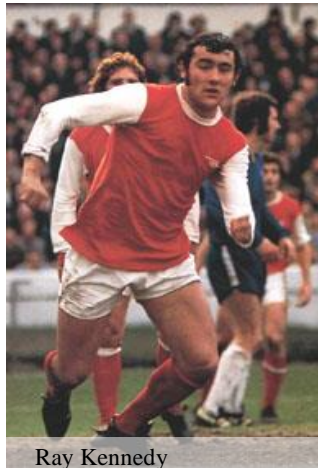


Novel technologies in TCS and prodromal neurodegeneration

Subthreshold parkinsonism

Motor Signs in the Prodromal Phase of Parkinson's Disease

Walter Maetzler, MD^{1,2*} and Jeffrey M. Hausdorff, PhD^{3,4,5}

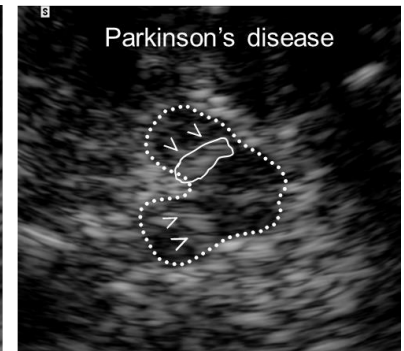
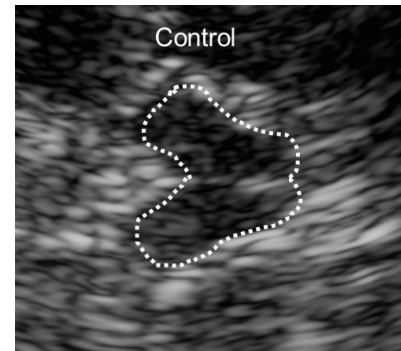
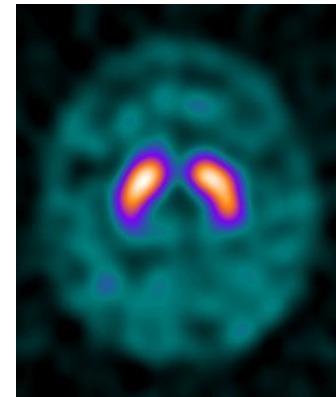


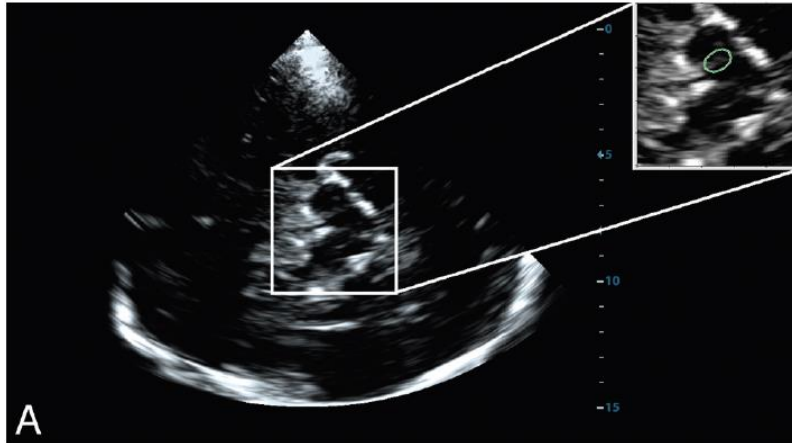
Ray Kennedy

RESEARCH ARTICLE

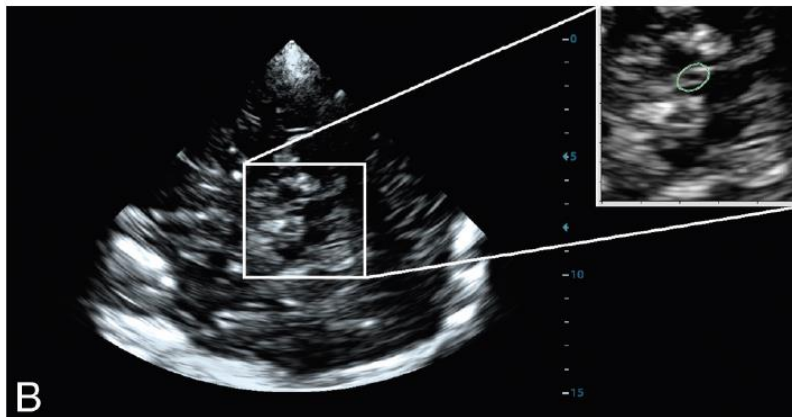
Arm Swing as a Potential New Prodromal Marker of Parkinson's Disease

Imaging markers





- active contour algorithms
- 3D SN detection based
(random forests vs principal component analyses)



Skoloudik 2014 AJNR

- still dependent on:
- image's quality
 - operator's skills

Novel technologies and methods

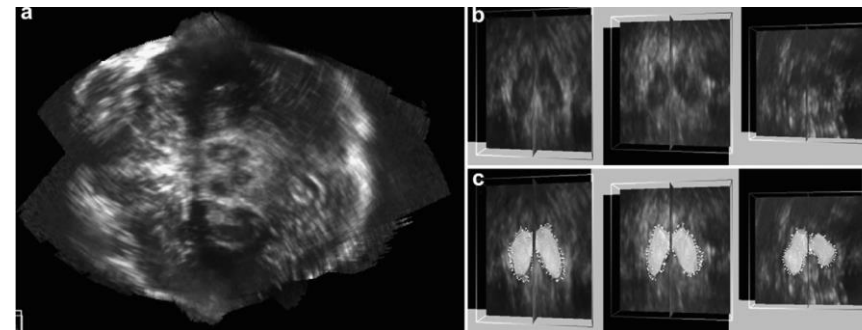
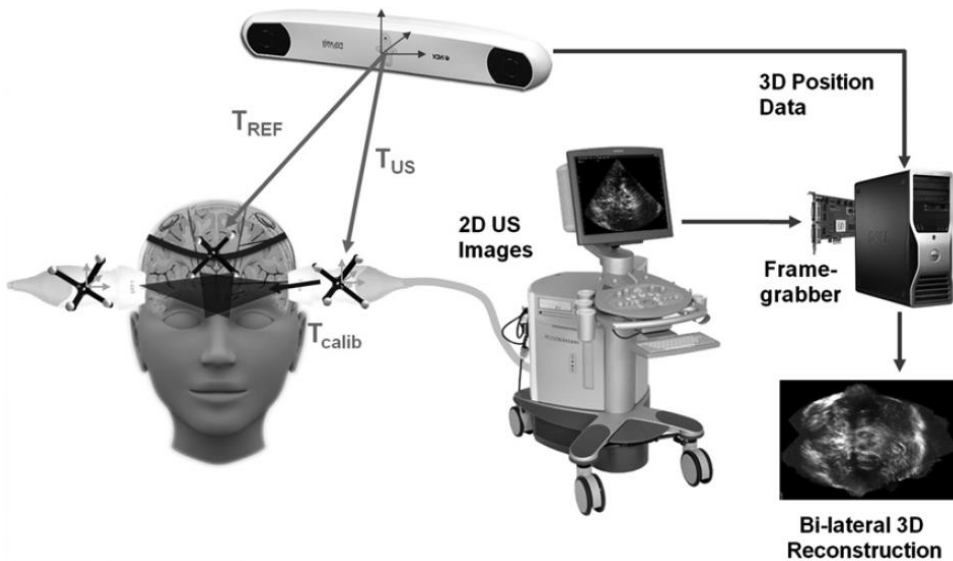
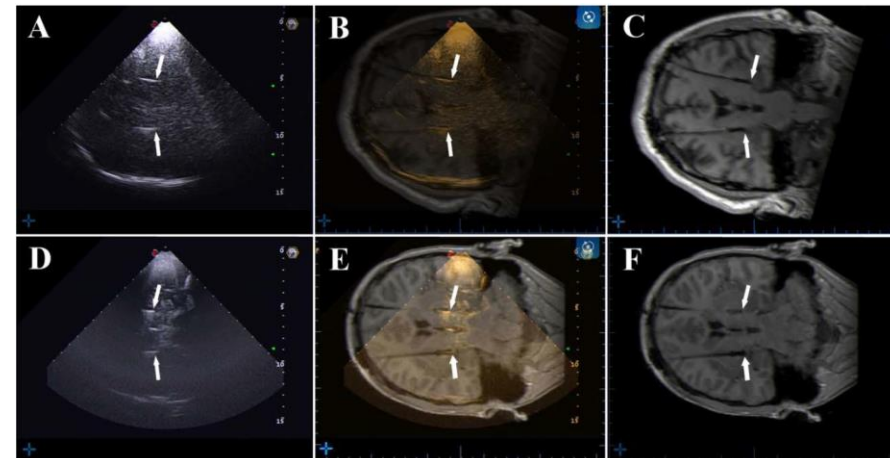


Plate et al. Ultras Med 2012

Magnetic Resonance-Transcranial Ultrasound Fusion Imaging: A Novel Tool for Brain Electrode Location

Uwe Walter, MD,^{1*} Jan-Uwe Müller, MD,² Johannes Rösche, MD,¹ Michael Kirsch, MD,³ Annette Grossmann, MD,⁴ Reiner Benecke, MD,¹ Matthias Wittstock, MD,^{1†} and Alexander Wolters, MD^{1†}



SN+ is present in 90% of PD patients

TCS can be used in differential diagnosis of movement disorders

TCS can be used for differential diagnosis of dementia

TCS can identify prodromal neurodegeneration

Advantages:

easy to apply

quick to perform (dyskinetic, agitated)

cheap

Disadvantages:

dependent on investigator/ultrasound system

insufficient bone window in about 10-15%



Prof. Alessandro Padovani

Prof. Barbara Borroni

Neurology Unit

Department of Clinical and Experimental Sciences

University of Brescia, Italy



Prof. Daniela Berg

Department of Neurodegeneration

Hertie Institut for Clinical Brain Research,

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